

## Menu: Spring Term 2024

\*Please note that the Monday menu is used on the first day of any given week. For example if school starts on a Tuesday then the Monday menu will be used.

	Day	Main	Meat Free	Vegetable	Pudding
<b>Menu 1</b> w/c 08/01 29/01 26/2	Monday*	Meatballs in tomato sauce with spaghetti 3, 4	Jacket Potato with cheese and vegetables 7	Two hot vegetables and a selection of fresh salad bar items are offered daily.	Fresh puddings provided daily with the option of fruit and yogurt as an alternative
	Tuesday	Homemade chicken goujons with sliced potatoes and vegetables 2, 4	Cheese, tomato and spinach quesadilla with vegetables 2 **		
	Wednesday	Cheese and tomato pizza with wedges and vegetables 1,2,7,9 **	Roasted vegetable pasta with garlic bread and vegetables 1,2,9 *		
	Thursday	Deconstructed toad in the hole with mashed potatoes and vegetables 2	Gnocchi in tomato sauce with vegetables 2,4,7		
	Friday	Fish fingers and chips with beans or peas 2,5,6 *	Vegetable lasagna with garlic bread and vegetables 1,2,7,9		
	Day	Main	Meat Free	Vegetable	Pudding
<b>Menu 2</b> w/c 15/01 5/02 4/03 25/03	Monday*	Beef burger in a bun with diced potato and vegetables 2	Jacket Potato with cheese and vegetables 7	Two hot vegetables and a selection of fresh salad bar items are offered daily.	Fresh puddings provided daily with the option of fruit and yogurt as an alternative
	Tuesday	Roast chicken with roast potatoes, Yorkshire Pudding, vegetables and gravy 2,4,7 **	Veggie sausage with roast potatoes, Yorkshire Pudding, vegetables and gravy 1,2,4,6,7,9,13		
	Wednesday	Cheese and tomato pizza with sliced potatoes and vegetables 1,2,7,9 **	Arrabbiata pasta with garlic bread and vegetables 2 *		
	Thursday	Pasta Bolognese with garlic bread and vegetables 1,2,9 *	Veggie nuggets with sliced potatoes and vegetables 2,4,7		
	Friday	Fish Fingers and chips with beans or peas 2,5,6 **	Sweet potato and lentil curry with vegetables		
	Day	Main	Meat Free	Vegetable	Pudding
<b>Menu 3</b> W/C 03/01 22/01 19/02 11/03	Monday*	Hot dog in a bun with sliced potatoes 2	Vegetable Wellington with mashed potato, vegetables and gravy 2,6	Two hot vegetables and a selection of fresh salad bar items are offered daily.	Fresh puddings provided daily with the option of fruit and yogurt as an alternative
	Tuesday	Tacos with rice and vegetables 1	Veggie sausage puff with sliced potatoes and vegetables 1,2,9,13		
	Wednesday	Cheese and tomato pizza with wedges and vegetables 1,2,7,9	Tomato Pasta with Garlic Bread and Vegetables 2 *		
	Thursday	Chicken Curry with rice and vegetables 6	Jacket potato with beans and vegetables 6		
	Friday	Fish fingers and chips with beans or peas 2,5,6 *	Mac and cheese with garlic bread and vegetables 2, 7		

Allergens: 1 – Celery, 2 – Gluten, 3 – Crustaceans, 4 – Eggs, 5 – Fish, 6 – Legume, 7 – Dairy, 8 – Molluscs, 9 – Mustard, 10 – Nuts, 11 – Peanuts, 12 – Sesame Seeds, 13 – Soya, 14 – Sulphites **\*Gluten Free Options Available \*\*Gluten Free & Dairy Free Options Available**